

EN 2026

★ ★ ★ ★ ★
ANDREUS
RESORTS

VITAL & NATURE SPA





VITAL SPA ANDREUS & NATURE SPA GOLF LODGE

Welcome to the Beauty & Wellness paradise of the Andreus Resorts.
Your place of strength for body, mind, and soul.
Open daily from 9:00 a.m. to 7:00 p.m.

To ensure that you receive your preferred treatments and appointment times,
we recommend booking in advance:

by E-mail beauty@andrus.it or by phone **+39 0473 491330**.

Internal extensions:

- Andreus 351
- Golf Lodge & Sonnenalm 1351

Your Spa Managers, Marlies and Sarah,
together with the team of the Vital Spa Andreus
and the Nature Spa Golf Lodge, look forward to welcoming you.





SPA ETIQUETTE

THERAPIST PREFERENCE

Our team includes both male and female spa therapists. Please let us know any preferences at the time of booking and inform us if you would like a specific therapist for your treatment. We will do our best to accommodate your wishes - however, for organizational reasons, we cannot guarantee them. Thank you for your understanding.

BEFORE & DURING YOUR TREATMENT

Please check in at the spa reception shortly before your appointment. If you arrive late, your treatment time will be shortened accordingly. For energy treatments, please arrive in a bathrobe or comfortable casual clothing. Jewelry and valuables should be stored in your room safe in the meantime. We accept no liability for lost valuables. For massages, disposable underwear is provided for ladies and gentlemen.

CANCELLATION

Please let us know if you are unable to join us for the appointment you have booked. Cancellations up to 24 hours before the booked date are free of charge. In case of later cancellation or no-show, we charge 100% of the price.

PRODUCT SALE

Looking for a gift for a loved one or a keepsake of your spa treatments to take home? All our treatment products are available for purchase. We advise you on the right product selection.

NEW: ONLINE SHOP

Order the Finkis Beauty Line conveniently through our new online shop at www.andreus-resorts.it

SPA VOUCHERS

Delight your loved ones with a gift of a wellbeing spa treatment. Available at the hotel reception or conveniently online.

This price list is valid from 01.03.2026. Misprints excepted. This price list supersedes all previous price lists.

INDEX

Massages	6
Special Massages	8
Relaxation Massages	10
Body therapies without oil	12
NEW: Brainlight	13
Water treatments	13
Physiotherapy & Osteopathy	14
Ayurveda	16
Care Rituals	17
Body Detox	18
Pressotherapy	19
High-Tech Facials	20
NEW: Finkis Facials by Vinoble Cosmetics	22
NEW: 4D Laser Light Therapy	23
Eyelashes & Eyebrows	24
Make up	24
Beauty Services	25
Kids & Teens	26
NEW: Family time	27
Time for Two - Spa Suite	28
NEW: Longevity - Preventive Care	30
Personal Training	31
Cryotherapy	32
Packages	34
NEW: Finkis Beauty Line	35

MASSAGES



SHOP TIP:

- Pine room spray
- Menthol cream
- Cherry stone pillow

CLASSIC FULL-BODY MASSAGE

A soothing massage with long strokes and kneading to relax the muscles, stimulate circulation, and promote deep relaxation.
 approx. 50 min. incl. rest time 89 €

PARTIAL MASSAGE

Choose a massage:

- Back massage
- Face, neck and head massage
- Reflexology foot massage
- Massage on the legs

approx. 25 min. incl. rest time 53 €

REFLEXOLOGY FOOT MASSAGE

Deep relaxation and healing through pressure point treatment on the foot. The organs in the body are stimulated reflexively.
 approx. 50 min. incl. rest time 95 €

COMBI: PARTIAL MASSAGE AND FOOT REFLEXOLOGY

The perfect combination: foot and back treatment for overall wellbeing.
 approx. 50 min. incl. rest time 95 €

SPORTS MASSAGE

Muscles and tissue are intensively relaxed and the circulation is stimulated.
 approx. 50 min. incl. rest time 95 €



INTENSIVE BACK

Intensive back massage, followed by a cupping glass massage that helps release trigger points, eliminate deep muscular tensions and relieve pain.
 approx. 50 min. incl. rest time 95 €

PINE VITAL - FASCIAL MASSAGE

Intensive massage with heated pine sticks, relaxes the fascial tissue and warms the body.
BACK
 approx. 50 min. incl. rest time 95 €

WHOLE BODY

approx. 75 min. incl. rest time 145 €

NEW: BABY MOON MASSAGE

A soothing, gentle full-body massage for the mum-to-be with special oils that help prevent stretch marks and nourish the skin.
 approx. 50 min. incl. rest time 95 €

DETOX MASSAGE

An full-body massage designed to activate metabolism, improve circulation and support the elimination of toxins. Dead skin cells are gently removed using exfoliating gloves, leaving your skin deeply cleansed, smooth and your body feeling noticeably refreshed.
 approx. 75 min. incl. rest time 145 €

TIP: Enjoy a soothing, hydrating anti aging face mask during your massage.
 Surcharge 19,50 €

SPECIAL MESSAGES



BOWEN THERAPY

This alternative healing method promotes realignment and self-healing. Ideal for states of tension, adhesions of the fasciae, after operations, inflammations, sleep disorders, dizziness, stress and much more.

At the Nature Spa Golf Lodge.

approx 25 min. incl. rest time 59 €

approx 50 min. incl. rest time 109 €

MEDICAL MANUAL LYMPH DRAINAGE

Various gripping techniques help in a targeted manner for congested lymph, bruises and water retention.

Ideal after acute injuries, operations or in the case of lymphedema. Gives a feeling of lightness.

approx 50 min. incl. rest time 99 €

INDIVIDUAL MASSAGE

Treatment tailored to your complaints and wishes by the sports therapists. Various massage and therapeutic techniques loosen the muscles, promote metabolism and release deep tensions.

approx. 25 min. incl. rest time 59 €

approx. 50 min. incl. rest time 109 €

approx. 75 min. incl. rest time 159 €

DEEP TISSUE MASSAGE

Intensive, circulation massage done by our sports therapists. Deep facial tension and adhesions are released with slowfirm pressure. Ideal for chronic tension, muscle pain and stress.

At the Vital Spa Andreus.

BACK or LEGS
approx. 50 min. incl. rest time 109 €

WHOLE BODY
approx. 75 min. incl. rest time 159 €

SPINAL TREATMENT ACCORDING TO DORN & BREUSS

Back and hip complaints are gently mobilised and loosened. Distressed blood vessels and nerves are freed for a direct effect on organs and muscles.

At the Vital Spa Andreus.

approx. 75 min. incl. rest time 160 €

TIP:

Enjoy a soothing, hydrating anti aging face mask during your massage.

Surcharge 19,50 €

HAKI®

A treatment especially for people subject to intellectual stress. All Haki® treatments include the Haki Balm as a gift for aftercare at home.

HAKI® SACRAL

The massage on the lower back and buttocks releases tension in the lumbar region and buttock muscles.
approx. 25 min. incl. rest time 56 €

HAKI® STRETCH & RELAX

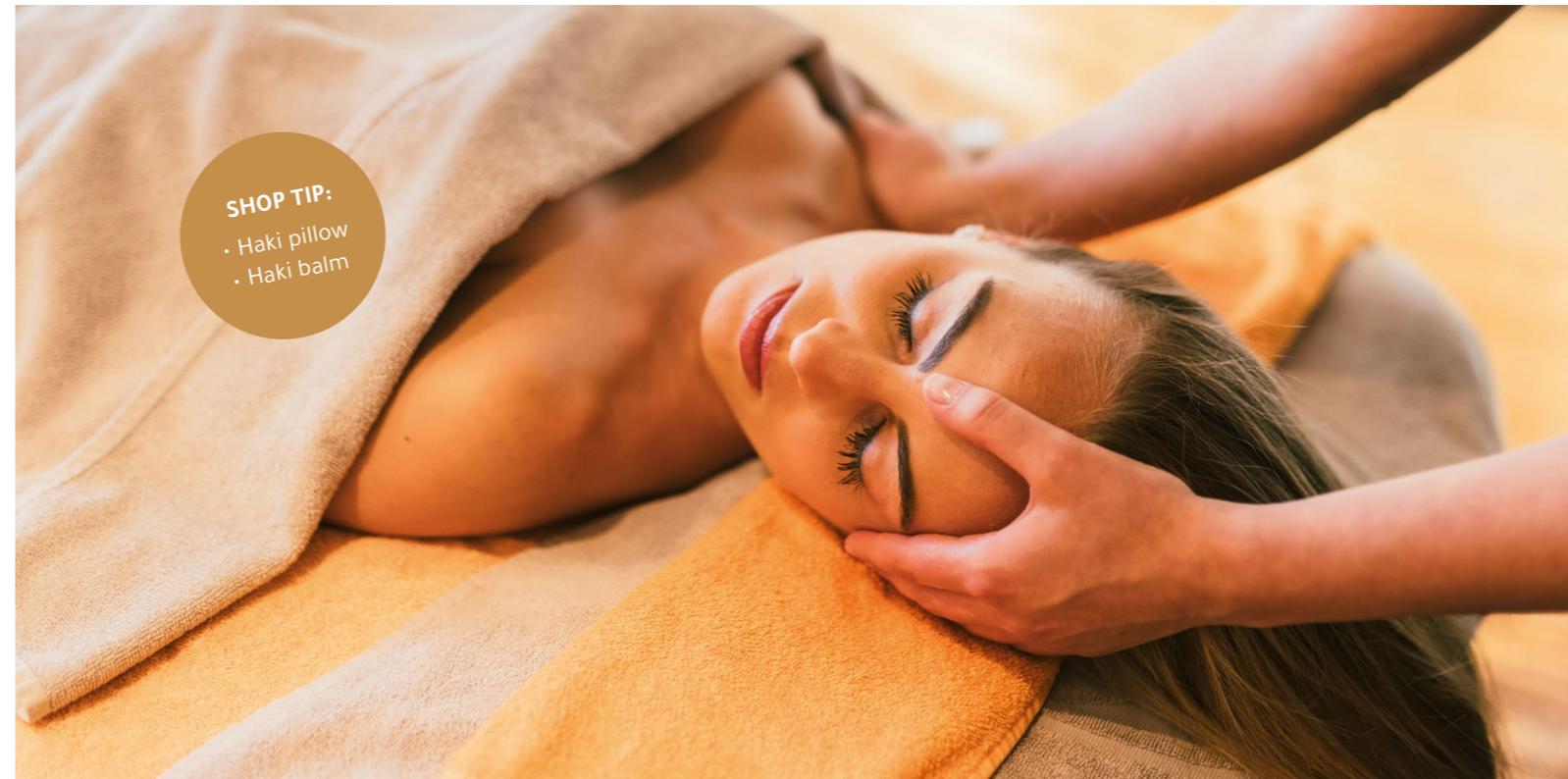
Gentle treatment for shoulders, neck, head and legs to knees. Traction, pressure and stretching release tension and hardening.
approx. 50 min. incl. rest time . . . 99 €

HAKI PURNA®

Holistic combination of Haki® Sacral and Haki® Stretch and Relax. Relieves tension, relieves the head and revitalises the centre of the body.
approx. 75 min. incl. rest time . . . 154 €

HAKI® FLOW - WATER RELAXATION

The body is stretched weightlessly in the warm salt water, noticeably lengthened and then mobilised on the waterbed. For stretching and loosening in the shoulder, neck and head area as well as the spine and pelvis. In swimwear - meeting point in front of the sauna entrance.
At the Vital Spa Andreus - bookable in the morning.
approx. 80 min. incl. rest time . . . 189 €



SHOP TIP:
• Haki pillow
• Haki balm

RELAXATION MESSAGES

ANDREUS RELAX MESSAGE

Harmonizing, gentle full body massage with high-quality Andreus essences. approx. 50 min. incl. rest time95 €

NEW: BACK BALANCE

Gentle forearm techniques and kneading release tension and relax the muscles. A soothing head massage and a 10-minute warm compress complete the treatment, providing deep relaxation. approx. 50 min incl. rest time. . . .95 €

ST. BARTH HARMONY

Also suitable for mums-to-be.
A caribbean sensorial experience with luxury nourishing oils and body lotions of the exclusive St. Barth line. approx. 50 min. incl. rest time98 € approx. 75 min. incl. rest time . . . 149 €

ST. BARTH SLIMNESS

Also suitable for mums-to-be.
Draining leg massage for tired and and heavy legs, to stimulate the metabolism. Pack for the legs with ivy, camphor and menthol oil. During the soaking time, face and neck are massaged. approx. 50 min. incl. rest time98 €

ST. BARTH CHILL OUT

This massage, which uses self-heating sea shells and avocado oil, gently relieves muscle tension and soothes away stress, transporting you to a world of pure relaxation. approx. 75 min. incl. rest time. . . 152 €

STRESSLESS MESSAGE

Full body massage with soothing face and head massage for complete relaxation. The hemp oil relaxes the muscles and relieves pain in the joints. approx. 75 min. incl. rest time 149 €

NEW: FOUR-HANDS MESSAGE

Two experienced therapists pamper you with perfectly synchronized movements, promoting deep relaxation, harmony, and renewed well-being. approx. 25 min incl. rest time106 € approx. 50 min incl. rest time178 €

HAWAIIAN MESSAGE "LOMI LOMI NUI"

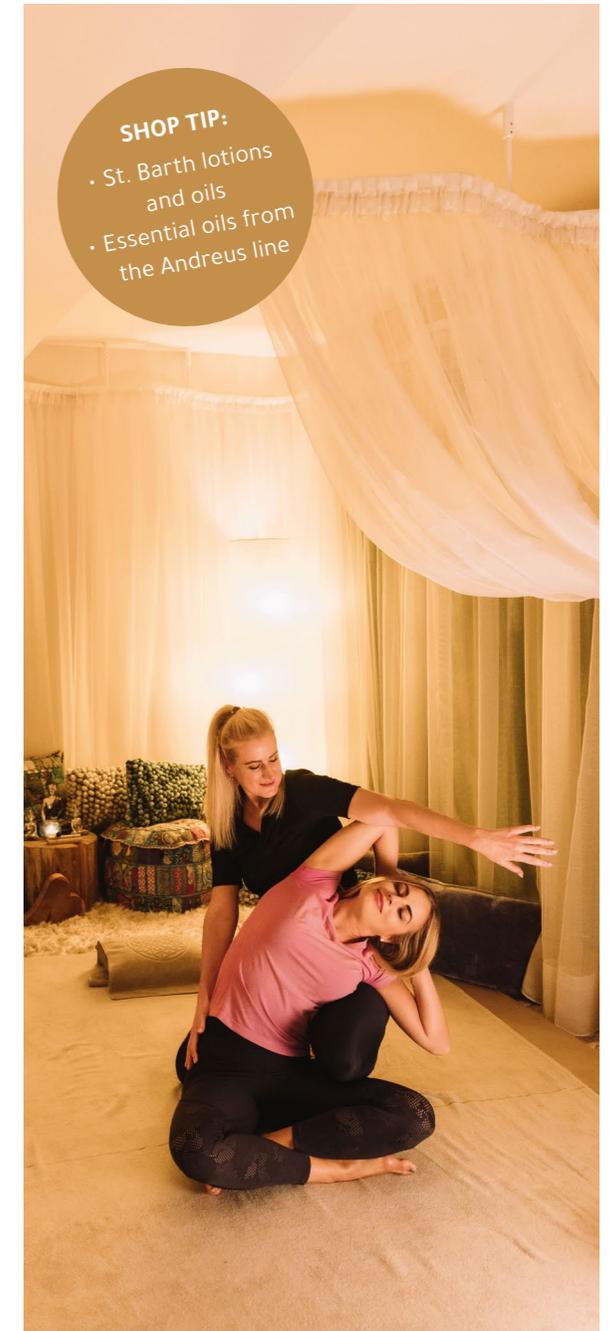
This massage is performed using warm botanical oils and long gentle strokes that deeply relax the whole body. approx. 75 min. incl. rest time149 €

THAI YOGA TREATMENT

This acupressure treatment consists of passive yoga and a pressure point massage. Body and mind come back into harmony, restoring mobility and improving the entire nervous system. In comfortable clothing - at Vital Spa Andreus. approx. 75 min. incl. rest time149 €

TIP:

Enjoy a smoothing, hydrating anti aging face mask during your massage. Surcharge19,50 €



SHOP TIP:
• St. Barth lotions and oils
• Essential oils from the Andreus line



BODY THERAPIES WITHOUT OIL

At the Vital Spa Andreus.

SHIATSU

Pressure massage on the meridian system to support the functions of the autonomic nervous system, e.g. digestion, sleep, circulation, breathing. Individual attention is paid to physical and organic complaints. In comfortable clothing on a soft mat on the floor.

approx. 50 min. 110 €

SHIATSU DELUXE

approx. 100 min. 210 €

SEIN YOGA - PRIVATE COACHING WITH ANGELIKA

Angelika, medically certified yoga teacher, accompanies you through gentle yoga frequencies.
1 person, approx. 50 min. 110 €
2 people, approx. 50 min. 130 €

CRANIOSACRAL THERAPY

Shortenings, blockages and movement restrictions are corrected with gentle pressure. For a better body feeling, mobility and pain relief. In comfortable clothing. approx. 50 min. 110 €

SOUND MESSAGE

To prevent stress, promote self-awareness and support recovery processes. Gentle vibrations of a singing bowl pamper body, mind and soul. In comfortable clothing on a soft mat on the floor. approx. 50 min. 110 €

SHIN THAI

Gentle touch that integrates shiatsu, osteopathy and powerful vibrational and energetic techniques. To resolve physical ailments such as muscle and joint problems, restore vitality or reduce stress, anxiety, depression, insomnia and phobias. In comfortable clothing. approx. 50 min. 110 €

PACKAGE:
Choose three of these therapies at the package price:
3 treatments lasting 50 min. each 310 €

NEW: BRAINLIGHT

At the Vital Spa Andreus.

A scientifically tested massage chair that combines massage, sound and light to induce deep relaxation. The brain adapts to the gentle stimuli, producing calming frequencies that relax both mind and muscles while harmonizing breathing. Through music, spoken content and a special light visor, brain waves are specifically soothed and balanced.

Regular use of Brainlight can provide:

- Deep relaxation
- Stress reduction and increased resilience
- More energy and vitality
- Enhanced creativity
- Mental clarity
- Improved focus

Depending on the program:

approx. 10 - 20 min. 18 €
approx. 21 - 40 min. 35 €



WATER TREATMENTS

At the Vital Spa Andreus - bookable in the morning.

HAKI® FLOW - WATER RELAXATION

The body is stretched weightlessly in the warm salt water, noticeably lengthened and then mobilised on the waterbed. For stretching and loosening in the shoulder, neck and head area as well as the spine and pelvis. In swimwear - meeting point in front of the sauna entrance. approx. 80 min. 189 €

WATSU - WATER RELAXATION

Harmonious flowing movements, gentle stretching and massaging loosen and release the musculoskeletal system and muscles and allow you to let go of previous movement patterns. In swimwear - meeting point in front of the sauna entrance. approx. 50 min. 120 €

PHYSIOTHERAPY & OSTEOPATHY

Physiotherapist Milena and Osteopath Hansjörg identify and treat acute or chronic complaints. After an initial consultation and assessment, they select the most suitable therapy for you, alleviating discomfort through targeted manual techniques or the use of high-tech devices such as Winback Tecar or PPM (Pneumatic Pulsation).

Costs are covered by private health insurance - please contact your insurance company for more information.



PHYSIOTHERAPY

Personalised treatment with various manual techniques from physiotherapy and, if required, the use of high-tech equipment such as Winback Tecar or PPM (Pneumatic Pulsation). The therapist provides targeted stimuli to stimulate and activate the body's own healing process:

- Treatment of functional and structural disorders of muscles, tendons, joints and nerves
 - Restoration of mobility and strength of the affected regions
 - Relief of chronic as well as acute pain and painful muscular tension (such as rheumatism)
 - Supportive after (sports) injuries or operations
- approx. 50 min. incl. rest time . . . 118 €
approx. 75 min. incl. rest time . . . 173 €

PHYSIOMASSAGE

Focus or full body massage by physiotherapist.
approx. 25 min. incl. rest time . . . 66 €
approx. 50 min. incl. rest time . . . 118 €
approx. 75 min. incl. rest time . . . 173 €

FASCIAL MASSAGE

Manual pressure stimulation treats fasciae and relaxes blockages deep into the tissue. Hardening and adhesions are thus optimally removed.

BACK or LEGS
approx. 50 min. incl. rest time . . . 118 €
FULL BODY
approx. 75 min. incl. rest time . . . 173 €



PULSATION THERAPY

Combination of manual physiotherapeutic - techniques and pulsating device with suction function. Ideal for chronic and acute pain and movement restrictions.
approx. 50 min. incl. rest time . . . 118 €
approx. 75 min. incl. rest time . . . 173 €

WINBACK / TECAR THERAPY

Combination of manual physiotherapeutic - techniques. The surface and deep heat of the Winback-Tecar device has an anti-inflammatory and analgesic effect. Ideal for acute, subacute and chronic pathologies.
approx. 50 min. incl. rest time . . . 118 €

NEW: OSTEOPATHY

Osteopathy is a manual healing method that takes a holistic view of the body and activates the body's self-healing powers. Gentle techniques such as mobilisation, stretching and targeted manipulation are used to treat functional disorders in order to improve mobility, relieve tension and restore the balance of structure and function. Ideal for:

- Back pain
 - Neck tension
 - Headaches
 - Functional disorders without a clear organic cause
- approx. 50 min. incl. rest time . . . 139 €
approx. 75 min. incl. rest time . . . 205 €

NEW: KINESIOLOGY

Kinesiology is an alternative therapy method that takes physical, emotional and energetic aspects into account and aims to release blockages and restore balance. Muscle resistance serves as an indicator of the body's reaction to stimuli such as food, emotions or environmental factors. Kinesiology is used for a variety of complaints, including:

- Stress and anxiety
- Chronic pain
- Sleep disorders
- Digestive problems
- Allergies
- Behavioural or learning disorders
- Emotional blockages

Please come in comfortable casual clothing and bring your mobile phone with you.
approx. 50 min. incl. rest time . . . 150 €



AYURVEDA

Gentle massages to harmonise the body's energies and release impulses that clear the mind, strengthen the nervous system and give more vitality.

MUKABHYANGA

A gentle Ayurvedic head, neck, and facial massage with a facial mask for deep relaxation.
 approx. 50 min. incl. rest time 99 €
NEW: approx. 65 min. incl. forehead oil pouring and rest time (without mask) 152 €

PADABHYANGA

Ayurvedic massage on the feet, calves and knees with moisturising for relaxation and revitalization.
 approx. 50 min. incl. rest time 99 €

ABHYANGA

Ayurvedic oil massage from head to toe. Smooth strokes and circles in a steady rhythm get the energy flowing.
 At the Vital Spa Andreus.
 approx. 95 min. incl. steam bath and rest time 185 €

ABHYANGA WITH SHIRODARA

The full-body oil massage with an additional forehead oil pour relaxes and releases internal blockages. It revitalizes memory and promotes sleep.
 At the Vital Spa Andreus.
 approx. 95 min. incl. forehead oil pouring and rest time 205 €
 approx. 120 min. incl. forehead oil pouring, steam bath and rest time 225 €

CARE RITUALS

SCRUBS AND PEELINGS

Velvety, soft skin for a new skin feeling! Dead skin cells are gently removed.
 Choose between:

- **ANDREUS HERBAL FRESH PEELING**
refreshing and revitalising
- **BASIC SALT PEELING**
detoxifying and regenerating
- **ST. BARTH CARIBBEAN PEELING**
nourishing
- **COFFEE - COCONUT PEELING**
detoxifying and draining
approx. 50 min. 82 €

BODY PACKS

IN THE WARM WATER FLOATING BED
 36° - 38° C
 At the Vital Spa Andreus.
 Choose between:

- **SOUTH TYROLEAN HAY PACK**
metabolism stimulating
- **DETOX ALGAE PACK**
purifying
- **MUD PACK**
revive joints
- **ST. BARTH SENSATION**
nourishing
approx. 25 min. 47 €
approx. 50 min. 82 €

TIP:
 Choose either a body scrub or a body wrap (50 min) in combination with a partial-body massage.
 approx. 75 min. 135 €



SHOP TIP:
 • Alkaline salt
 • Products from the St. Barth line

DETOX TREATMENTS

Today's lifestyle often leads to hyperacidity. A good acid-alkaline balance is the prerequisite for physical well-being and beautiful skin. Alkaline body care neutralizes acids and stimulates the skin to naturally eliminate toxins, which promotes your vitality and radiance.

ANDREUS BODY WRAP FOR LEGS & BUTTOCKS

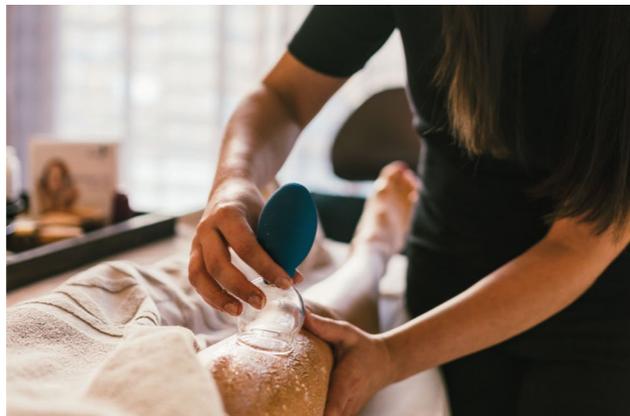
The legs and glutes are exfoliated and stimulated with a brush. An additional suction-wave brush massage is applied, followed by a final alkaline algae wrap. Depending on your connective tissue and individual needs, the therapist selects from various treatment methods and ingredients.

approx. 50 min. incl. rest time 86 €
package 3 x approx. 50 min. instead of 258 € only 232 €

ANDREUS BODY WRAP DELUXE FOR BELLY, LEGS & BUTTOCKS

The belly, legs and buttocks are exfoliated and perfused with a brush. An additional suction-wave brush massage is applied, followed by a final alkaline algae wrap. Depending on the connective tissue and needs, the therapist chooses from different application variants and ingredients.

approx. 75 min. incl. rest time 134 €
package 3 x approx. 75 min. instead of 402 € only 362 €



ANDREUS LEG SLIM

Special cupping techniques and brush massage reactivate circulation and stimulate the lymphatic system. This connective tissue treatment with alkaline salt and honey firms the skin, leaving it soft and silky. It works intensively on the body and supports the elimination of toxins and acids.

approx. 50 min. incl. rest time 86 €

ANDREUS BELLY SLIM

Helps with bloating, constipation, and menstrual discomfort, often caused by the accumulation of toxins. This connective tissue treatment, including cupping and brush massage with alkaline salt and honey, firms the skin, leaving it soft and silky.

approx. 25 min. incl. rest time 56 €

COMBI: ANDREUS LEG & BELLY SLIM

approx. 75 min. incl. rest time 134 €
package 3 x approx. 75 min. instead of 402 € only 362 €

PRESSOTHERAPY WITH INFRARED

The pressotherapy suit offers an advanced technique for the ultimate detox boost as well as firm and smooth skin! At the Vital Spa Andreus.

PRESSOTHERAPY WITH BRUSH MASSAGE & ANDREUS BANDAGES

for belly - legs - buttocks - arms
The gentle, mechanical lymphatic drainage massage of pressotherapy reduces water retention and visibly tightens the skin, while at the same time activating the circulation and lymphatic system. The brush massage and the exclusive Andreus bandages, enriched with effective anti-cellulite formulas, intensify the effect. During the treatment time, you enjoy a relaxing face, neck and head massage.

approx. 50 min. incl. rest time 99 €
package 3 x approx. 50 min. instead of 297 € only 268 €

TIP:

Enhance your pressotherapy treatment with a **suction-wave massage (cupping)** for an even greater effect.

approx. 20 min. in addition to the treatment . . . 40 €

PRESSOTHERAPY - THE PERFECT COMPLEMENT TO YOUR FACIAL

Give your facial treatment an extra boost with a targeted mechanical lymphatic drainage massage for the abdomen, legs, glutes and arms.

approx. 25 min. in addition to the treatment . . . 40 €

SHOP TIP:

- Cupping glass
- Energy brush
- Corrective cellulite cream





TIP:
Wrinkle treatment
with injectable materials.
Ask for the monthly
appointments with
Dr. Ruf.

JETPEEL

RADIANT SKIN WITH INSTANT EFFECT!

The innovative JetPeel high-tech treatment delivers skin-specific active ingredients such as oxygen, hyaluronic acid, vitamins and valuable nutrients deep into the skin pain-free through microscopically fine nozzles, up to 1.5 mm deep. The high-speed droplets gently massage the tissue, stimulate circulation, and promote collagen production. At the same time, toxins are removed, moisture is restored and facial muscles are toned. The result: smoothed fine lines, a visibly fresher complexion and a youthful glow immediately after the treatment. Suitable for all skin types.

Please inform us in advance if you have had any recent injectables.

JETPEEL FRESH UP

Facial treatment with
cleansing, lymphatic drainage
and hyaluronic booster.

1 treatment, approx. 25 min. 102 €
package 3 x approx. 25 min.
instead of 306 € only 275 €

COMBI JETPEEL FRESH UP

With an additional facial massage
approx. 50 min. 149 €

NEW: JETPEEL LIP & EYE CONTOUR

1 treatment, approx. 25 min. 102 €

JETPEEL PREMIUM

Facial treatment with cleansing,
lymphatic drainage, hyaluronic
booster, an additional glycolic
acid peeling and one of your skin
coordinated vitamin cocktail.

1 treatment, approx. 50 min. 215 €
package 3 x approx. 50 min.
instead of 645 € only 562 €

JETPEEL DELUXE

Face, neck and décolleté,
inclusive face mask.

1 treatment, approx. 80 min. 359 €
package 3 x approx. 80 min.
instead of 1.077 € only 959 €

JET PEEL PREMIUM DELUXE

Face, neck, décolleté and hands.

1 treatment, approx. 80 min. 429 €
package 3 x approx. 80 min.
instead of 1.287 € only 1.099 €

FUHLENDORF PERFECT BEAUTY

... FOR IMMEDIATELY VISIBLE, PERCEPTIBLE AND MEASURABLE SUCCESSSES

Through constant research and further development, the Fuhlendorf company keeps its finger on the pulse and thus guarantees you top quality in the devices for microdermabrasion, suction wave massage and ultrasound.

SYSTEM PERFECT

Microdermabrasion mechanically removes the topmost skin cells. The suction wave massage with vacuum invigorates and activates the tissue. With the subsequent ultrasound, coordinated active ingredients are infiltrated into the skin. Your skin appears refreshed, cleansed and plump. Ideal for reducing mimic wrinkles as well as (acne) scars and pigmentation marks. Suitable for all skin types.
approx. 80 min. 182 €

TIP:

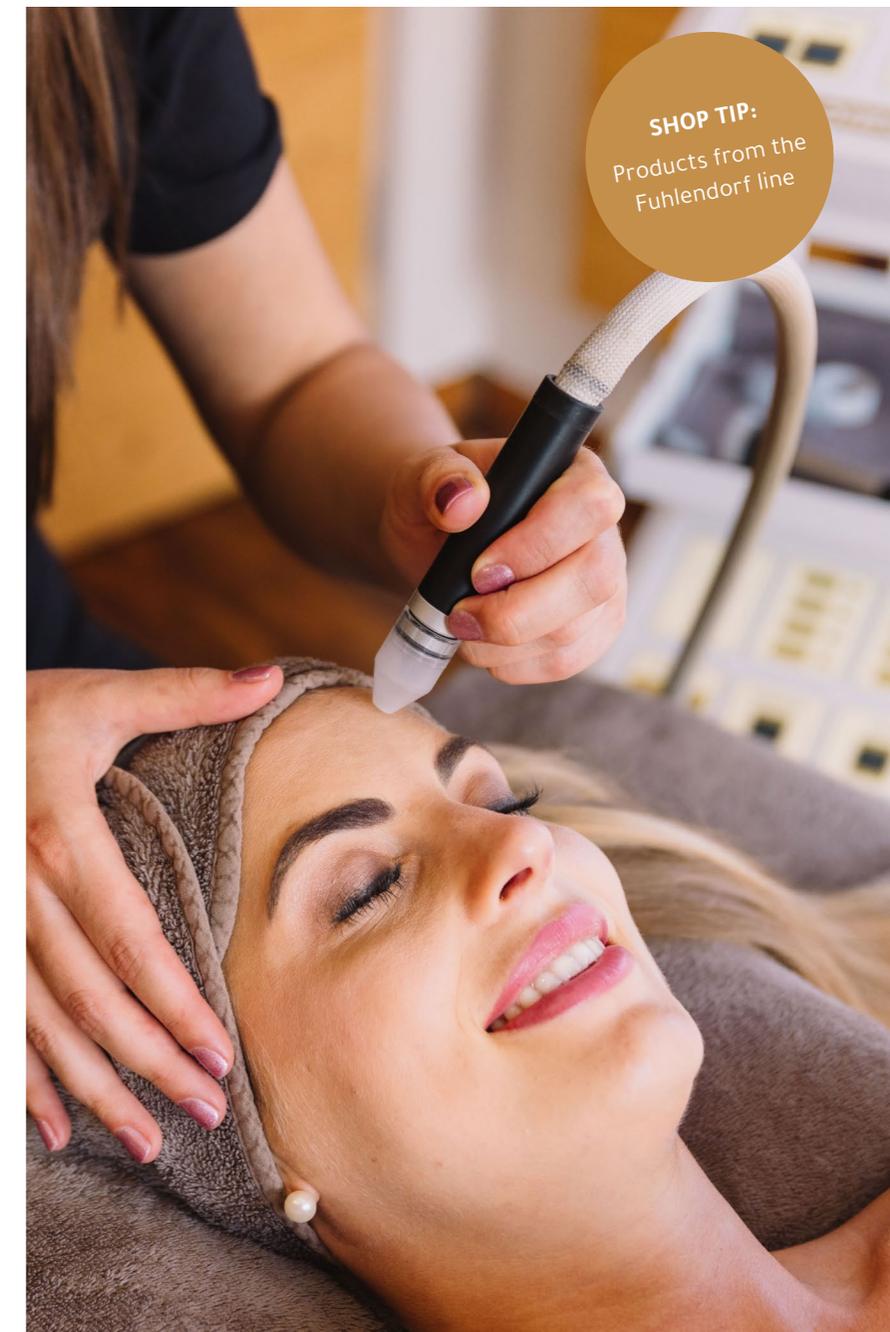
Can be booked as a complement to your
JetPeel or Fuhlendorf facial treatment:

MANUAL DEEP CLEANSING

For blemished or congested skin.
approx. 25 min. in addition to the treatment 35 €

PRESSOTHERAPY

For arms, abdomen, legs, and glutes.
approx. 25 min. in addition to the treatment 40 €



SHOP TIP:
Products from the
Fuhlendorf line

NEW: FINKIS FACIALS BY VINOBLE

VALUABLE. EFFECTIVE. VEGAN.

Developed in collaboration with Vinoble Cosmetics, the FINKIS BEAUTY LINE combines natural ingredients, vegan formulations, and cutting-edge cosmetic technology. Enriched with FINKIS white wine for a truly unique skincare experience.

FACIAL MASSAGE

WITH ACTIVE INGREDIENTS

For a fresh glow. Your skin is pampered with active ingredients from the Finkis Beauty Line, tailored to your personal skin needs. Please arrive without makeup. approx. 25 min. 59 €

NEW: FACIAL LYMPHATIC DRAINAGE

For a radiant complexion. Gentle manual lymphatic drainage promotes skin regeneration and reduces swelling, followed by a finishing care treatment from the Finkis Beauty Line. Please arrive without makeup. approx. 25 min. 59 €

FACIAL CLASSIC

A pampering program with the new Finkis Beauty Line, tailored to your skin type. Includes gentle cleansing and fine peeling, with optional eyebrow shaping and/or deep cleansing on request. The mask and finishing care leave your complexion fresh, radiant, and perfectly finished (without massage). approx. 50 min. 99 €

FACIAL DELUXE

Customized to your skin's needs, using the appropriate products from the Finkis Beauty Line. Includes thorough cleansing, gentle peeling, deep cleansing and eyebrow shaping as needed. A relaxing facial and neck massage, mask and finishing care leave your skin fresh, clear and rejuvenated. approx. 80 Min. 149 €

SHOP TIP:
Products from the NEW Finkis Beauty Line



- TIP:**
Can be booked as a complement to your facial or 4D Laser Therapy:
- MICRODERMABRASION, SUCTION WAVE MASSAGE or ULTRASOUND**
approx. 25 min. in addition to the treatment 50 €
 - MANUAL DEEP CLEANSING**
for blemished skin.
approx. 25 min. in addition to the treatment 35 €
 - PRESSOTHERAPY**
for arms, abdomen, legs, and glutes
approx. 25 min. in addition to the treatment 40 €

NEW: 4D LASER LIGHT THERAPY

Experience cutting-edge light technology for radiant, beautiful skin. The 4D Laser Light Therapy works deeply, stimulates collagen production and supports natural skin renewal - resulting in firmer, smoother and fresher-looking skin.

Ideal for:

- Wrinkles, dark circles and redness
- Pigmentation spots and uneven skin texture
- Loss of firmness
- Tired, dull skin

Give your skin new energy and a visibly rejuvenated glow. Suitable for all skin types.

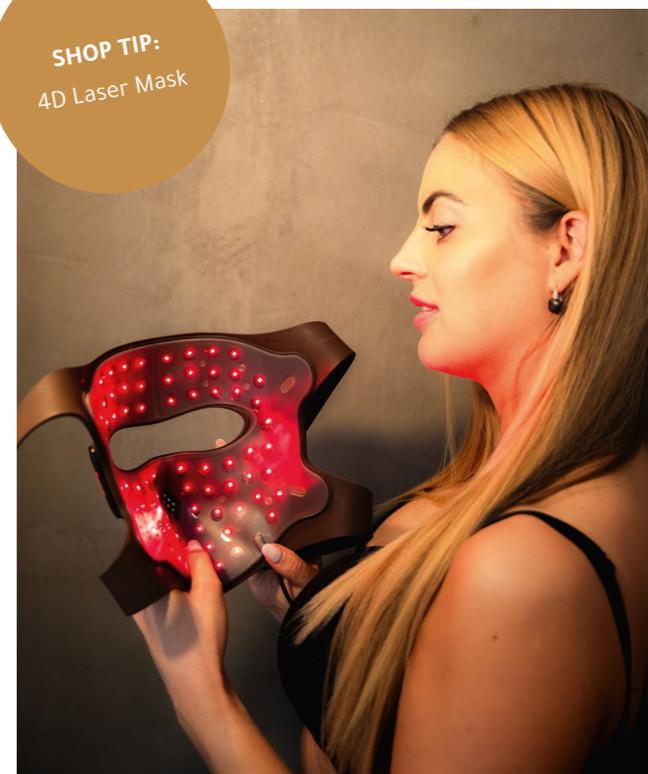
LONGEVITY FACIAL CLASSIC

After cleansing, toning and a gentle peel, the 4D laser mask is applied. Relax with a soothing neck or hand massage while the mask works. A highly effective serum and calming finishing care from the Finkis Beauty Line complete the treatment. approx. 50 min. 120 €

LONGEVITY FACIAL DELUXE

Following cleansing, toning and peeling, your eyebrows are professionally shaped. Enjoy a relaxing neck or hand massage while the 4D laser mask is applied. Next, the Pro Youth Lifting Flow Mask is applied and gently absorbed using iontophoresis for immediate firming and freshness. The treatment concludes with a serum and calming finishing care from the Finkis Beauty Line, leaving your skin radiant and rejuvenated. approx. 80 min. 170 €

SHOP TIP:
4D Laser Mask



4D LASER LIGHT THERAPY & FINISHING CARE

Enjoy approx. 20 minutes with the rejuvenating Vinoble laser mask for refined, radiant skin. The treatment is completed with an intensely nourishing serum and a calming finishing care from the Finkis Beauty Line. Please arrive without makeup and with a cleansed face. Also ideal to enjoy during your manicure or pedicure. approx. 25 min 45 €

TIP:
NEW: These facial treatments can also be booked as partner treatments in the Spa Suite.



LASHES & BROWS

- Eyebrow and lash coloring 35 €
- Eyebrow or lash coloring 25 €
- Eyebrow shaping 25 €
- Eyebrow shaping and coloring 35 €

LASH LIFTING

Based on your natural eyelashes including lash coloring. Your lashes appear thicker, longer and lifted. The effect lasts 6-8 weeks. approx. 50 min. 95 €

BROW LIFTING

Full, thick, perfectly shaped eyebrows. Including eyebrow correction and coloring. The effect lasts 6-8 weeks. approx. 50 min. 95 €

COMBI: LASH & BROW LIFTING

approx. 80 min. 145 €

MAKE UP

After an individual consultation, our make-up artist will conjure up a make-up that suits your type.

DAY or EVENING MAKE-UP

approx. 50 min. from 75 €

WEDDING MAKE-UP

approx. 80 min. from 130 €

NEW: KIDS MAKE UP (up to 12 years)

approx. 25 min. from 38 €

SHOP TIP:
 • Eyelash & Eyebrow Activating Serum
 • Decorative cosmetics from Horst Kirchberger

NAILS

MANICURE

Filing and shaping, cuticle removal and nutritive hand cream.
 approx. 50 min. without nail polish 60 €
 approx. 80 min. with nail polish 90 €
 approx. 80 min. with permanent color 95 €

PEDICURE

Foot bath, nail-cutting, shaping and filing, rough skin and cuticle removal, nutritive foot cream.
 approx. 50 min. without nail polish 60 €
 approx. 80 min. with nail polish 90 €
 approx. 80 min. with permanent color 95 €

NAIL RESHAPING AND COLOR

Nail filing and shaping, nail polish and treatment cream.
 approx. 50 min. with nail polish 65 €

PERMANENT NAIL POLISH REMOVAL

approx. 20 min. 20 €

Please inform us in advance if you wear permanent nail polish.



HAIRSTYLE

Wash and blow-dry

(depending on hair length):

- Short hair from 40 €
- Shoulder-length hair from 55 €
- Long hair from 70 €
- Trim from 30 €
- New haircut (45 min.) from 45 €
- Men's cut from 30 €
- Kid's haircut (up to 12 years) .. from 30 €
- Root color/full color/highlights from 95 €
- Updo from 60 €

SHAPING & CARE OF THE BEARD

approx. 30 min. 45 €

COMBI: MEN'S CUT AND SHAPING & CARE OF THE BEARD

approx. 50 min. 70 €

SCALP MASSAGE WITH ACTIVE SERUM

Can be added to your hairdressing appointment. Uses an innovative, highly effective active serum that promotes hair growth and density. in treatment 10 €

TIP:

NEW: Cosmetic treatments can also be booked as partner treatments in the Spa Suite.

HAIR REMOVAL

HOT WAX TREATMENT

- Lip / chin, approx. 10 min. 10 €
- Half leg, approx. 25 min. 29 €
- Full leg, approx. 50 min. 58 €
- Bikini (only waxing strips) approx. 25 min. 29 €
- Under arm, approx. 20 min. 20 €
- Arms, approx. 25 min. 29 €
- Back, approx. 25 min. 29 €
- Chest, approx. 25 min. 29 €

SOLARIUM

- Duration: 11 minutes
- (Hotel Andreas and Sonnenalm)
- 1 token 12 €
- 3 tokens 33 €

SHOP TIP:
 • Nail polish
 • Correction pen
 • Cuticle oil
 • Nail files
 • Hair care products



MADE FOR KIDS...

To be as beautiful as mum for once, to be allowed to indulge in the same things as dad - and at the same time always be a child and be happy from the heart. Wrapped in a fluffy ANDREUS children's bathrobe, with soft bathing sandals on your feet and the most charming smile on your face...

FACIAL JUNIOR

(up to 16 years)
Cleansing, deep cleansing, peeling, mask and care for youthful skin.
approx. 50 min. 99 €

NEW: KIDS MAKE UP

(up to 12 years)
approx. 25 min. from 38 €

KIDS MASSAGE

(up to 12 years)
Choose from chocolate mousse or coconut oil.
approx. 25 min. incl. rest time 49 €

TEEN MASSAGE

(from 12 to 16 years)
Individual tailored massage with aroma oil.
approx. 25 min. incl. rest time 53 €
approx. 50 min. incl. rest time 89 €

BODY THERAPIES WITHOUT OIL

- Shiatsu
- Shin Thai
- Craniosacral therapy
- Sound massage

are also suitable for babies, children and teenagers. Info and prices on page 12.
approx. 50 min. 110 €

TEEN MANICURE OR PEDICURE

(up to 16 years)
Cutting the nails, filing and shaping as well nourishing cream with vanilla scent.
approx. 25 min. 40 €
approx. 50 min. with nail polish. . . 70 €

PRINCESS NAILS

(up to 12 years)
Colored polish, brief hand massage with vanilla fragrance.
approx. 25 min. 45 €

... COOL DUDES ...

- Facial treatment specially for the young skin
- Kids or teen massage (approx. 25 min)

approx. 75 Min. instead of 152 € only 135 €

... BECAUSE I'M A GIRL ...

- Facial treatment specially for the young skin
- Princess nails

approx. 75 min. instead of 144 € only 130 €

NEW: FAMILY TIME

At the Vital Spa Andreus

Shared wellness moments for parents and children - Quality time together in the Spa Suite - Partner Cabin.

FAMILY PACKAGE FACIAL

- 1 Facial Classic
- 1 Facial Junior

approx. 50 min. 198 €

FAMILY PACKAGE NAILS

- 1 Manicure or pedicure for adults
- 1 Princess Nails for hands and feet or 1 Teen Manicure or pedicure with polish

approx. 50 min. 154 €



SPA SUITE



PARTNER MASSAGE

Choose from the following massages - it can also be two different ones:

- Full-body massage
- Sports massage
- Intensive back
- Reflexology foot massage
- Detox massage
- Back balance
- Andreus relax massage
- St. Barth Harmony
- St. Barth Slimness

2 people, approx. 50 min. incl. rest time 185 €

PARTNER MASSAGE DELUXE

Choose from the following massages - it can also be two different ones:

- Hawaiian massage Lomi Lomi Nui
- Stressless massage
- St. Barth Harmony
- St. Barth Chill Out
- Detox Massage

2 people, approx. 75 min. incl. rest time 305 €

COUPLES BATH

Choose your bath for two in the double Jacuzzi tub:

- St. Barth exotic dream
- Andreus herbal fresh
- Basic salt

approx. 60 min. incl. rest time
in the cozy nest 120 €

Enhance your bath experience with a partner massage.

TIP:
NEW: Many additional cosmetic treatments can also be booked as partner treatments in the Spa Suite. Please indicate this preference when making your booking.

PRIVATE SPA SUITE - JUST THE TWO OF US

Enjoy moments of relaxation in our private spa suite.

We will prepare the infrared sauna or a soothing steam bath for you. Experience sensual moments in the double Jacuzzi tub with fragrant aromatic oil. For culinary delights canapés await you in the cosy nest, together with chocolates and a bottle of Prosecco.

2 people, approx. 100 min. 195 €

SPA SUITE PACKAGE

A cosy togetherness in the unique atmosphere of the Spa Suite.

YOU CAN CHOOSE BETWEEN THESE PACKAGES:

SPA SUITE - MOUNTAIN SPIRIT

Using our unique Andreus products including a bottle of Prosecco and typical snacks from the Passiria Valley.

OR

SPA SUITE - CARIBBEAN DREAM

With exotic fragrances from the St. Barth line as well as cocktails and fruit platter.

Inclusive:

- Couples bath
- Infrared cabin or steam bath
- Snuggling up in the cozy nest
- Full body partner peeling
- Full body partner massage

2 people, approx. 150 min. 435 €

*Please inform us in advance in case of food intolerances.



NEW: LONGEVITY

In collaboration with Dr. Daniele Rizzo from the pharmacy in St. Martin, we offer an exclusive Andreus Longevity Program. With comprehensive blood tests, individual analyses and customized detox programs, you can identify risks early, protect your health long-term and reduce the risk of chronic diseases. Blood sampling is performed in the morning on an empty stomach via a painless finger-prick at the St. Martin pharmacy lab (hotel shuttle on request). Detailed review and individual consultation of your results take place in the hotel in the afternoon or the following day.

BLOOD COUNT CLASSIC - QUICK TEST

Blood count and cholesterol including liver and kidney profile, plus urine test. Results with consultation 99 €

BLOOD COUNT DELUXE - QUICK TEST

Blood count and cholesterol including liver and kidney profile, vitamin D, ferritin, CRP, long-term glucose, electrolytes and urine test. Results with consultation 289 €

ANALYSIS CLASSIC - QUICK TEST

Choose between:

- Vitamin D
- Bone density measurement
- Venous insufficiency measurement
- Arterial circulation
- ECG
- Holter ECG
- Holter blood pressure
- Spirometry

Results with consultation 55 €
 Package: 3 analyses with results and consultation instead of 165 only 149 €

ANALYSIS DELUXE - QUICK TEST

Choose between:

- Allergy test
- Food intolerance test

Results with consultation 245 €

DETOX CONSULTATION

Individualized advice for a tailored detox program at home, based on your personal needs, health goals and lifestyle. approx. 25 Min. 135 €

PAROPODOMETRIC ASSESSMENT - QUICK TEST

Identifies imbalances in foot pressure distribution and posture. Personalized health insoles improve comfort, functionality and help prevent injuries. Measurement including health insoles 155 €

PREVENTION PACKAGE

Blood count and cholesterol with liver and kidney profile, vitamin D, ferritin, PCR, long-term blood sugar, electrolytes, urine test.

For the woman, additionally: thyroid, bone density measurement, venous insufficiency measurement

For men, additionally: prostate, ECG, arterial circulation

Quick test package, evaluation with consultation instead of 454 only 410 €



TESTS WITH 2-3 WEEKS EVALUATION TIME INCLUDES ONLINE CONSULTATION

GENAGE TEST

This test analyzes your DNA to determine whether you have a genetic predisposition for certain conditions. The results indicate the likelihood of developing specific diseases over your lifetime based on your genetic information. Results with online consultation 399 €

FLORASCAN AND DISBIOSCAN

This test can help identify digestive system issues and guide targeted measures to improve digestion. Results with online consultation 199 €

HORMONE LEVEL TEST

Hormonal imbalances can lead to health problems. This test helps detect potential disorders early and allows for targeted treatment. Recommended for women before or during menopause, with irregular cycles, for weight management, athletes and more. Results with online consultation 199 €



SHOP TIP:
 Supplements such as vitamin D, zinc, magnesium, etc.

PERSONAL TRAINING

INDIVIDUAL TRAINING

With introductory talk and individual training.

1 person, approx. 50 min. 85 €
 2 people, approx. 50 min. 99 €
 Pack of 3, 1 person, approx. 50 min. instead of 255€ only 229 €
 Pack of 3, 2 people, approx. 50 min. instead of 297€ only 269 €

NEW: REFORMER PILATES - PRIVATE COACHING

Individual Reformer training with the versatile Pilates equipment to strengthen your core, improve posture, and achieve visible results.

1 person, approx. 50 min. 95 €
 2 persons, approx. 50 min. 130 €

YOGA - PRIVATE COACHING

Our certified yoga teachers accompany you through gentle or intensive yoga frequencies.

1 person, approx. 50 min. 110 €
 2 people, approx. 50 min. 130 €

CRYOTHERAPY

WHOLE BODY CRYO CHAMBER (-85° C)

IN JUST A FEW MINUTES TO MORE QUALITY OF LIFE

Temperatures of -85° C for health and well-being; non-invasive, gentle and very effective! The rapid cooling of the body in the cold chamber stimulates numerous body functions. The treatment counteracts **sleep disorders, depression, anxiety and the menopause**. The positive effect of cryo-cold therapy in the 3 main areas of action has been scientifically proven.



HEALTH & PREVENTION

- Strengthening of the immune system
- Strengthening of the cardiovascular system
- Relaxation for body & soul
- Pain management and pain control
- Anti-inflammatory effect
- Detoxification of the body
- Reduction of the oxidative stress
- Optimization of sleep patterns
- Relief from migraines
- Lightening of spirit, stress management, resilience
- Improvement of the general well-being through stimulation of endorphins



ANTI AGING & BEAUTY

- Effective anti-aging application
- Relief from skin problems
- Improved recording of active substances
- For a vital body feeling
- Activation of fat metabolism and fat burning
- Improvement of the complexion
- Accompanying skin-tightening effects for cellulite reduction
- Strengthening of the hormonal balance
- Balancing the nervous system



FITNESS & REGENERATION

- Faster regeneration & recovery after sport
- For sore muscles and muscle overstimulation
- As a supplement and for optimization the training strategy
- Improving mobility
- In pain management
- Supportive in treatment of sports injuries
- For muscle stimulation
- Accompanying weight reduction and to the diet
- To motivate and performance increase

Costs covered by private health insurance - please contact your insurance company for more information.

TIME OF TREATMENT

Cryo-cold therapy can be applied daily, between 3:30 minutes and 4:30 minutes per session. The time is calculated according to your needs.

DRESS CODE

You wear your own socks, shoes and swimwear or underwear (without metal). Hat, gloves, mouth and nose protection are provided. Take off jewellery and metal objects. The skin should be dry and up to 2 h not freshly creamed before use. At Vital Spa Andreus.

CRYOTHERAPY

WHOLE BODY CRYO CHAMBER (-85° C)

INDIVIDUAL TREATMENT 48 €
 PACKAGE OF 5 instead of ~~240 €~~ only 228 €
 PACKAGE OF 10 (9+1 FREE)
 instead of ~~480 €~~ only 432 €

BODY PACKAGE

Cryotherapy with a partial body massage deluxe - you can choose from:

- Back massage
- Face, neck and head massage
- Reflexology foot massage
- Massage on the legs

approx. 50 min. 99 €

FACIAL ANTI AGE PACKAGE

Cryotherapy with Jetpeel booster and short facial massage.
 approx. 50 min. 159 €



PACKAGES

FEEL GOOD ALL ROUND

Also suitable for mums-to-be.

- 1 pedicure or manicure (50 min.)
- 1 nourishing St. Barth caribbean peeling (50 min.)
- 1 St. Barth Harmony massage (50 min.)
- 1 Finkis Facial Deluxe (80 min.)
- 1 small gift to take home

Package price instead of 389 € only 350 €

BACK CARE

- 1 combi: reflexology foot massage and back massage (50 min.)
- 1 intensive back massage (50 min.)
- 1 haki-purna® (75 min.)

Package price instead of 344 € only 310 €

SYMPLY SPORTY

- 2 cryotherapies
- 1 pine vital-fascial massage (75 min.)
- 1 sports massage (50 min.)

Package price instead of 336 € only 299 €

BODY DETOX - DETOXIFY & PURIFY

- 1 cryotherapy
- 1 algae detox pack (50 min.)
- 1 St. Barth Slimness (50 min.)
- 1 pressotherapy with brush massage & Andreus bandages (50 min.)

Package price instead of 327 € only 294 €

NEW: MAMA HARMONY

- 1 Babymoon Massage (50 min.)
- 1 St. Barth Slimness (50 min.)
- 1 Finkis Facial Deluxe (80 min.)

Package price instead of 342 € only 308 €

NEW: BEST OF ANDREUS

- 1 Andreus Relax Massage (50 min.)
- 1 Thai Yoga Treatment (75 min.)
- 1 Back Balance (50 min.)
- 1 Finkis Facial Deluxe (80 min.)

Package price instead of 488 € only 439 €

NEW: LONGEVITY

- 1 Cryotherapy
- 1 Individual Massage (50 min.)
- 1 Blood Count Deluxe - Quick Test with consultation

Package price instead of 446 € only 405 €

The treatments are divided over 2 to 3 days.



NEW: FINKIS BEAUTY LINE

Developed in collaboration with the renowned Vinoble Cosmetics, the exclusive FINKIS BEAUTY LINE combines natural ingredients with Andreus luxury. High-quality actives meet the power of nature and cutting-edge cosmetology to create a skincare experience as unique as Andreus itself. Focused on innovative vegan formulations, some products are enriched with our exclusive FINKIS white wine. All products are available for home use at the beauty reception or online shop. We are happy to advise you on the right selection.

CLEANSING & TONIC

- **FINKIS Velvet Milk**
Creamy and gentle, removes make-up and impurities for a silky-smooth skin feel.
- **FINKIS Fresh Skin Gel**
Refreshing cleansing gel for a clear, revitalized complexion.
- **FINKIS Balancing Toner**
Balances and refines the skin's appearance.
..... from 36 €

SKIN SERUMS

- **FINKIS Clear Skin Serum**
Soothing and balancing, strengthens the skin barrier, ideal for sensitive and blemished skin.
- **FINKIS Hydra Lift Serum**
Anti-Aging with high-concentration hyaluronic acid, deeply moisturizes, smooths fine lines and restores firmness.
- **FINKIS Glow Oil Serum**
Intensely nourishing, leaves skin soft and supple - ideal for dry skin.
..... from 45 €

MASKS & PEELS

- **FINKIS Wine Acid Peel**
Intensive fruit acid peel with high-concentration wine acid, gently removes dead skin cells for a smooth, radiant complexion.
- **FINKIS Firm & Glow Mask**
Anti-Aging mask with Finkis white wine, firms and leaves a visibly fresh glow.
- **FINKIS Detox Purify Mask**
Clarifying and calming detox mask, refines the skin and provides intensive moisture. Ideal for blemished skin.
- **FINKIS Pro Youth Lifting Mask**
Firming sheet mask.
..... from 19,50 €

EYE CARE

- **FINKIS Eye Lift Cream**
Smoothing, intensive care for the delicate eye area, restores brightness and radiance.
..... from 59 €



CARE CREAMS

- **FINKIS Lift Cream**
Anti-Aging, stimulates collagen production, reduces lines and firms the skin.
- **FINKIS Clarifying Cream**
Soothes irritation and regulates sebum production - for blemished and sensitive skin.
- **FINKIS Hydro Cream**
Moisturizing, plumps the skin from within.
- **FINKIS Comfort Cream**
Intensely nourishing, supports skin barrier repair, rich formula for dry skin.
- **FINKIS Day Cream SPF 30**
Lightweight daily cream with sun protection - suitable for all skin types.
..... from 49 €

★ ★ ★ ★ ★

ANDREUS RESORTS



ANDREUS *****

Via Kellerlahne 3A · I-39015 San Leonardo in Passiria · info@andreas.it
IT021080A1CO4BKQDH



GOLF LODGE *****

Via Prantago 3 · I-39015 San Leonardo in Passiria · info@golf-lodge.it
IT021080A1OM9X395J



SONNENALM ****

Via del Sole 3 · I-39010 San Martino in Passiria · info@sonnenalm.it
IT021083A1WQAMKD54



0039 0473 491330 - www.andreas-resorts.it

